



Pro Cheer Joins Forces with 180° Sports Performance and Coach “Milk”

- Have you ever wondered, “How can I get my child to the Next Level in their athletic pursuits?”

These days, with more and more athletic competition AND opportunities, how can you be sure that you are doing all that you can to help your child’s speed, agility, quickness, balance, health, and confidence?

Pro Cheer is proud to introduce our new partner, 180° Sports Performance as the answer.

Started by Coach Jonathan Loudermilk, 180° Sports Performance brings professional-caliber customized training to any athlete of any age by focusing on the following:

- Creating **SPORT-SPECIFIC** training programs resulting in hypergrowth of your athlete’s skill set, goal setting, and athletic execution
- Increasing speed, agility, strength, balance, and confidence through progressive resistance training, improved nutrition, and a developed understanding of the body movements required to excel at any position in any sport
- Ensuring 180° transformations in both performance and attitude
- Taking pride in ongoing mentorship as your athlete grows

Be one of the first 25 members who sign up for a multi-month membership and you will receive a COMPLEMENTARY 180° Sports Performance T-shirt!

**RESPOND TODAY & EXPERIENCE THE 180° TRANSFORMATION
IN YOUR ATHLETE’S LIFE & PERFORMANCE!**

CONTACT 180° SPORTS PERFORMANCE VIA SOCIAL MEDIA, EMAIL OR PHONE:

www.facebook.com/180SportsPerformance or www.twitter.com/180SportsP180SportsPerformance@gmail.com or CoachMilk56@gmail.com

Coach “Milk” at 404-966-8256



Coach Loudermilk, or **Coach “Milk”** as his athletes call him, brings an impressive pedigree of qualifications and achievements in the athletic world. Coach Milk...

- Has trained professional athletes, Olympians, and thousands of youth/middle school/high school athletes spanning 14 sports
- Played Division I football and started on both sides of the ball
- Youngest high school head football coach and athletic director in both Alabama and Ohio state history
- Was mentored and certified by Chip Smith, the “godfather” of sports performance training with 100+ current active professional clients

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SPORTS PERFORMANCE